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# The Other Side: Art, Recovery, and the Human Condition

## A Community-Focused Exhibition Opens August 2, 2025, at Garel Fine Art Gallery, Manhattan Beach

**Manhattan Beach, CA** — Garel Fine Art Gallery is proud to present *The Other Side*, a timely, impact-driven exhibition curated by Los Angeles-based artist Robin Jack Sarner. Opening **August 2, 2025**, and running through **August 30th**, the exhibition features contemporary painting, mixed media, sculpture, and poetry that explore recovery, resilience, and body acceptance through the lens of eating disorder survival.

Bringing together a diverse group of artists, *The Other Side* highlights personal narratives alongside collective cultural experiences, creating a powerful dialogue around mental health, healing, and self-worth. The exhibition reflects on the ways eating disorders affect individuals, families, and communities—emphasizing the universal human experience of reclaiming identity and finding strength after struggle.

"This exhibition is born from my own lived experience and the journey of helping my daughter through hers. It is both personal and universal, an offering for those still struggling, those who've made it to the other side, and everyone touched by the enduring battle for self-worth and healing," says Sarner.

### **Exhibition Details:**

- Exhibition Dates: August 2 August 30, 2025
- Opening Reception: Saturday, August 2, 5–8 PM
- Community Panel Discussion: Saturday, August 16, 2 PM "The Other Side: Healing Together"
- Location: Garel Fine Art Gallery, 1236 N Sepulveda Blvd, Manhattan Beach, CA

Through the transformative power of art, *The Other Side* invites the public into a space of reflection, empathy, and dialogue. The exhibition aligns with rising conversations around **mental health**, **body positivity**, and **community-based healing**, offering viewers a rare opportunity to witness creative interpretations of recovery that transcend stigma.

#### **About the Curator:**

Robin Jack Sarner is a widely exhibiting visual artist known for abstract expressionist works focused on memory, identity, and emotion. In 2025 alone, Sarner's exhibitions include *Brand 53*, *Anamnesis* (Gallery 612, Santa Monica), *Tryst* and *Nomad* (Torrance Art Museum), *Colorstraction* (Sasse Museum), and upcoming solo shows at the Palos Verdes Art Center. Sarner was recently featured in an essay by renowned art critic Peter Frank (May 2025).

For high-resolution images, artist bios, or to schedule interviews or a gallery preview, please contact:

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